Magic sunsets on Lake Albert

Delight... in the majestic pelicans as they glide gracefully across the water or look up and watch them soaring far above you. With a number of pleasant ring route drives along Lake Albert and the Coorong, you are sure to spot a couple of pelicans or other wildlife at multiple locations.

Taste... the fresh unique flavour of the famous Coorong Mullet. Try this delicacy at any of the local eateries, cooked in a variety of ways including freshly grilled, coated in crunchy batters or pan-fried to perfection. Or pick some up fresh to cook for yourself from one of the local suppliers, butcher or supermarkets.

Experience... the stunning sunsets over the waters of Lake Albert. No two sunsets are the same, as each dusk conveys a fresh unique flavour of the famous Coorong Mullet.

Learn... further north where lakes Alexandrina and Albert meet you’ll find Raukkan, it’s the birthplace of David Unaipon, the inventor and author whose image, along with the mission church of Raukkan, appears on the $50 note. Built in 1869, the restored church is still in use today. Raukkan is steeped in history and its residents have a great sense of community pride, this is really evident in the local history Gallery. Raukkan has also been recently visited by internationally renowned artist Guido van Helten (Brim silos, Coonalpyn silos). He painted the walls of the mission church of Raukkan’s Aboriginal Community Controlled Health Service)

Meander... along the walking trails and lake Albert foreshore. Meningie’s Pelican Path (known as ‘Yunti Ngopor Ngami’ in Ngarrindjeri language) traverses the foreshore of Lake Albert, providing walkers with spectacular views of the lake and birdlife. Meningie Lookout and surrounding trails wind through native scrub before opening up to a view that encases the entire town and lake. The Lions Club Walking Track on the south-west outskirts of Meningie is rich in flora and fauna and is an easy path to negotiate amongst the natural environment.

Marvel... at the abundant birdlife in our Internationally Significant Wetlands. The nearby Coorong National Park is a refuge for ducks, swans, cormorants, terns, geese and numerous species of migratory birds, providing ideal bird watching and photographic opportunities. The Coorong is also a ‘Wetland of International Importance’ under the Ramsar Convention (1975).

For more information: www.Meningie.com.au

At Coorong Healthy Highways we’re making healthy food and drinks easy to find.

Coorong Healthy Highways is all about providing fresh and healthy food options to everyone, and Meningie is a proud supporter of Coorong Healthy Highways!

So whatever highway route you take, make sure you drop in to one of our Coorong Healthy Highways outlets and grab a healthy bite to eat.

Refill your Coorong Healthy Highways travel mug

We know freshly brewed coffee is important to people’s travelling day as well, so our outlets have established a special deal for espresso lovers. When you purchase one of our Coorong Healthy Highways premium travel mugs in store, you can simply present this to other outlets involved in the program for a complimentary upgrade from small to medium.

Check the back of this map to see the Meningie Coorong Healthy Highways outlets and cafes where you can refill your travel mug!


#cooronghealthyhighways


Meningie

Meningie, Coorong Country

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